First Aid Kit for Pets

A fully equipped household first aid kit contains almost all of the supplies you may need for your pets. A simple first aid kit for your pets should include these additional items in a waterproof container:

- Latex (or hypoallergenic material) gloves
- Gauze sponges (a variety of sizes)
- Gauze roll, 2-inch width
- Elastic cling bandage
- Material to make a splint
- Adhesive tape, hypoallergenic
- Non-adherent sterile pads
- Small scissors
- Tweezers
- Magnifying glass
- Grooming clippers or safety razor
- Nylon leash
- Towel
- Muzzle
- Compact emergency "blanket" (available in the camping department of many stores)
- Water-based sterile lubricant
- Hydrogen peroxide (3 percent)
- Rubbing alcohol;
- Topical antibiotic ointment
- Antiseptic towelettes
- Insect sting stop pads
- Cotton-tipped swabs
- Instant cold pack
- Epsom salts
- Baby-dose syringe or eye dropper
- Sterile eye lubricant
- Sterile saline wash
- Safety pins (medium size 4)
- Tongue depressors
- Diphenhydramine, if approved by your veterinarian
- Glucose paste or syrup
- Styptic powder or pencil
- Plastic card (such as old credit card) to scrape away stingers
- List of emergency phone numbers including those for your pet's veterinarian, an afterhours emergency veterinary hospital, and the National Animal Poison Control Center (1-888-426-4435) and money to make a phone call.
- Petroleum jelly
- Penlight with batteries (AA)
- Clean cloth
- Needle-nose pliers

For a complete list of items for your pet first aid kit and detailed information on how to provide first aid for your pets, consult *Pet First Aid* by Barbara Mammato, DVM, MPH, a handbook sponsored by the American Red Cross and The Humane Society of the United States.

Talking About Disaster: Guide for Standard Messages